



Your compassion makes a difference

Give Hope Today!

You're giving parents and children the chance to breathe, rebuild, and begin again.

Here's a look at the difference you're making:

A Message from the Executive Director

Trauma changes people. It can affect how we think, feel, and respond to the world around us. Sometimes trauma comes from a single event. More often, it develops over time through difficult experiences such as abuse, neglect, violence, loss, or homelessness.

Recently, Natalie and I attended a Trauma-Informed Care training in Coeur d'Alene. The class gave us a deeper understanding of how trauma affects the brain, the body and relationships. We learned that people who have experienced trauma often carry invisible wounds that can impact their daily lives for years.

The training also reinforced something we see every day at Bridge Haven: healing starts with compassion. When people feel safe, respected and heard, they are better able to move forward. That is why we strive to create an environment where every person is treated with dignity and understanding.

Trauma may change a person's life, but it does not have to determine their future. We regularly see incredible strength and resilience in the individuals and families we serve. By providing

stable housing, supportive services and encouragement, people can heal, grow and build brighter futures.

Thank you for standing alongside us in this work. Your generosity and support help create pathways to healing and hope for our neighbors who have experienced homelessness and trauma. Together, we are helping people write new chapters ones defined not by what happened to them, but by the possibilities that lie ahead.

Rebekah Little
Executive Director

JUNE REPORT



BED NIGHTS

May 1579
Year to Date 7569

4

PROUDLY GRADUATED
and moved forward into
stable, independent living.



PEOPLE

Participants: 43

- Primary: 15
- Dependents: 26
- Spouses: 2

134% Occupancy Rate

Our occupancy rate can exceed 100% when we add temporary beds or cribs to keep families together — a reflection of both our flexibility and the community's high need for housing and safety.



ENTRY

Incoming: 2

- Primary: 2
- Dependents: 0
- Spouses: 0



EXIT

Outgoing: 4

- Primary: 4
- Dependents: 4
- Spouses: 1

Thank You, Sandpoint Middle School Community Service Club!

Bridge Haven would like to extend a heartfelt thank you to the students, staff and families of Sandpoint Middle School Community Service Club for their incredible support this year.

These young people have demonstrated what it means to give back to their community through two successful fundraising events benefiting Bridge Haven. First, students organized a takeover event at Powder Hound Pizza, raising an impressive \$432. They then hosted a Hygiene Drive fundraiser at Pierce Automotive, where they raised \$207, which was generously matched by Pierce Automotive for a total contribution of \$414.

Through their hard work and dedication, Sandpoint Middle School Community Service Club students raised a total of \$846 to support the women and programs at Bridge Haven.

It is truly heartwarming to see middle school students investing their time and energy to make a difference in the lives of others. Their generosity, compassion and commitment to serving their community give us great hope for the future.

Thank you, Sandpoint Middle School Community Service Club, for your support and for showing that you are never too young to make a meaningful impact. We are grateful for your partnership and proud to have such caring young leaders in our community.



Welcome Lisa Paull – Building on a Strong Foundation of Volunteer Service

We are excited to introduce Lisa Paull, who joined Bridge Haven in April 2026 and is now leading our growing Volunteer Program.

Lisa is taking over the program from Stephanie Hawkins, who was instrumental in creating and developing our volunteer efforts. Stephanie laid a strong foundation by recruiting volunteers and establishing opportunities for community members to become involved in our mission. Due to increasing time constraints, Stephanie passed the leadership of the program to Lisa, who is now building on that momentum and expanding volunteer engagement throughout the organization.

Already, volunteers are making a meaningful difference in the lives of the women we serve. Some of the exciting projects and services currently underway include:

- Creating beautiful garden beds at both our North and South locations, providing welcoming outdoor spaces and opportunities for residents to enjoy gardening.
- Serving as mentors to women in our program, offering encouragement, guidance, and support as they work toward their goals.
- Assisting with thank you letters, helping us express gratitude to the donors and supporters who make our work possible.
- Leading a weekly stress management class, equipping women with practical tools to reduce stress and strengthen their overall well being.

As the Volunteer Program continues to grow, we are looking for additional community members who want to be part of this important work. Current needs include volunteers to help sort donations, additional mentors, and individuals who can bring new skills, talents, and fresh ideas to the table.

One of the most exciting aspects of volunteerism is discovering opportunities we haven't even thought of yet. Whether you enjoy organizing, teaching, mentoring, gardening, writing, or simply helping where needed, there is a place for you at Bridge Haven.

We are grateful to Stephanie for launching this important program and to Lisa for her leadership as it enters this next chapter. Together, our volunteers are helping create a stronger community and brighter futures for the women we serve.

If you are interested in volunteering or would like to learn more about current opportunities, please contact us. We'd love to hear your ideas and welcome you to the team.



Stories that stay with me

A New Chapter Begins

Last November, I shared the story of a dedicated single father working hard to provide a stable future for himself and his two sons. Today, I am thrilled to share an exciting update on their journey.

Over the past several months, this family has continued to thrive. After football season ended, Dad enrolled both boys in wrestling, giving them another opportunity to stay active, build confidence, and learn valuable life skills. This spring, they also played Little League baseball for the very first time. Through it all, their father has remained a constant source of encouragement and support,

attending every wrestling match and every baseball game. His commitment to being present in his sons' lives is truly inspiring.

Alongside raising his boys, he has maintained remarkable stability in his career, working for the same employer for nearly 20 years. Recognizing that it was time to take the next step toward long-term security, he began preparing for homeownership. He carefully worked on improving his credit, saved diligently and took his time searching for the right home rather than rushing the process.

His patience and perseverance paid off.

Recently, he found the perfect house for his family and successfully purchased it. With this achievement, he has transitioned out of our program and into a home of his own—a milestone that represents years of hard work, determination and dedication to his family.

We couldn't be happier for him and his sons as they begin this exciting new chapter. Their story is a powerful reminder that with perseverance, support and a commitment to positive change, lasting success is possible.

Congratulations to this wonderful family on their new home and bright future ahead!

~ **Natalie Medeiros, Case Manager**

Thank You

Every act of support helps create pathways to home, dignity, and healing.

Your generosity helps provide housing, supportive services, and compassionate care for people working to rebuild their lives.

Together, we are not just addressing homelessness. We are helping restore hope, dignity, and the opportunity for healing.



Rebekah Little
Executive Director

Give Hope Today!



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